

11 May 2023



ED&I NEWSLETTER

Equality, Diversity & Inclusion

- 15 – 21 May : Mental Health Awareness Week
Information and free resources can be found [here](#)

Calm Space | 17 May | 13:00 – 13:30

The Staff Counselling Centre is launching a new initiative called 'Calm Space' on Wednesday the 17 May.

This will be a weekly drop in session on MS teams at 1pm, open to all University staff. It will be 30 minutes of mindfulness, relaxation and restorative practices. There is no need to sign up as there will be a link on their website each week for all to use. [Calm Space | Staff Counselling Centre \(cam.ac.uk\)](#)

The [University's new HR and payroll system, myHR](#), will launch in the summer of 2024 as part of the [HR Transformation Programme](#)

To support the delivery of myHR, we are reaching out to colleagues across all staff groups, areas and levels to join our [Advocates Network](#). If you, or someone in your team, would like the chance to extend your network and learn new skills about supporting change and effective communication, please [register your interest](#) or [contact the H RTP Implementation Co-ordinator](#) for your area.

The Race Equality Network present:

Reflections on the Legacies of Enslavement Report

King's College | 12th May | 5.30 pm | Free tickets can be booked [here](#)

A panel discussion on the Legacies of Slavery Report and the actions that the University should be taking in response.

The Advisory Group on the Legacies of Enslavement, created in early 2019 at the request of the Vice-Chancellor, Professor Stephen J Toope, delivered its final report in the summer of 2022. This report showed that Cambridge was implicated in enslavement in a number of ways including: investing in the Atlantic slave trade; receiving benefactions based on income derived from the slave trade; educating wealthy slave estate owners' sons; and employing academics who supported the proslavery movement.

SPACE – Supporting Parents and Carers @ Cambridge

Preparing for Family Leave – Workshop

24 May | 12:00 – 14:00 | [Book here](#)

Open to those who are about to take a period of maternity, adoption or shared parental leave, this workshop will be held in as a small group to encourage personal reflection and discussion with others.

Self-Match Mentoring Scheme: Welcome and Introduction

(for professional services staff only)

Offered monthly, next date 18 May | 10:00-11:00 | [Book here](#)

What do you value in life?

Offered every other month, next date with availability:

19 June | 14:00-15:00 | [Book here](#)

A 'taster' session to provide you with an introduction to thinking about your values.

These events are offered by the Organisational Development Team

The University Policy and Guidance on Hybrid Working can now be viewed on the HR webpages [here](#)

The ED&I Diversity Calendar is now available [here](#)

A pdf version of this Newsletter is available [here](#)



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