

20 June 2022



ED&I NEWSLETTER

Equality, Diversity & Inclusion

Festival of Wellbeing

Festival of Wellbeing 27 June - 8 July 2022

This year's Festival of Wellbeing programme is now live, and bookings can be made on the [Festival website](#).

Some highlights to look out for:

- [Effects of Loneliness](#) on Brain Function and Cognition
- [Putting The Men into Mental Health](#)
- [6 Moments That Matter](#) – How to Live a Secure and Fair Financial Life
- [Social Media Use and Adolescents' Mental Health: Beyond "Good" or "Bad"](#)
- [Racketball](#) Taster Session
- [Fives](#) Taster Session
- [A Mindful Wander](#) Around Clare Hall
- [Madingley](#) Park Tour
- [Wolfson](#) College Mindful Garden Tour
- [Revive](#) and Refresh with Mindfulness
- [Delicious](#) Things to do with Seasonal Vegetables

Free resources for Learning Disability Week

Access the range of free resources this Learning Disability Week (20 - 26 June) to discover more about learning disabilities and how technology can help remove barriers. Delivered by [AbilityNet](#)

Academic Career Pathways (ACP) (Research and Teaching) Forum: Demystifying the Process

Monday 27 June, 3.30-4.30 pm (online) [Book here](#)

Thursday 30 June, 2.30-3.30 pm (in person) [Book here](#)

Hosted by the Pro-Vice-Chancellor for University Community and Engagement, Professor Kamal Munir, this session for academics considering applying for promotion will:

- provide an overview of the University's Academic Career Path (ACP) (Research and Teaching) procedure
- address some of the common misconceptions surrounding academic promotions
- outline the ACP CV Mentoring Scheme

We particularly encourage women and staff identifying as Black, Asian and Minority Ethnic to attend as they are currently under-represented at senior academic levels.

Wo+Men's Leadership Conference 2022

25 June | 09:00 – 18:15 | [Book here](#)

The Wo+Men's Leadership Centre is thrilled to announce our eighth annual conference: Breaking the Bias. Join us for another sell out exciting day comprising of a keynote, panel discussions and workshops by outstanding industry leaders and renowned Cambridge academics.

The programme provides invaluable insight for all who want a deeper understanding of what makes successful leaders and how we can collectively work to achieve gender parity and an unbiased future for all. Delivered by The Cambridge Judge Business School.

Meet and Make at the Museum – 'Exploration'

25 July | 13:00 – 15.30 | [Book here](#)

Join us for our new wellbeing and making workshops for adults at the Polar Museum! Meet and Make at the Museum sessions are all about giving you a supportive and social space to be creative.

JUNE is ...

**Gypsy, Roma and Traveller History Month
2022**

2022 theme for Gypsy, Roma and Traveller History Month is ['What Makes a Home?'](#)

A pdf version of this Newsletter is available [here](#)



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