



UPCOMING EVENTS APR-JUL 2018

HOW TO SURVIVE AND PROSPER ON SOCIAL MEDIA

10 April | 12.30-1.15pm | Lecture Room 4, 8 Mill Lane

Paul Holland from the University communications office discusses the benefits and pitfalls of using social media. He explores how debate and diversity gets drowned out and how you can keep your ideas afloat.

TRANS AWARENESS

23 April | 12.15-1pm | Room 4, 8 Mill Lane

This session will provide a greater understanding of the experience of trans people, unpick language and terms such as cisgender, non-binary and transgender in a safe and supportive way, and offer resources for post awareness session support.



WOMEN'S STAFF NETWORK: CAREER CONVERSATIONS

15 May | 12.15-1pm | B1.19 Potter Room, Centre for Mathematical Sciences

Join us for the second event profiling the careers and career progression of women at Cambridge. Each term a panel of female staff from across the University will describe their career pathways and the opportunities and challenges they have faced along the way. Please join us for coffee and cake!



WHY RACIAL AND ETHNIC DIVERSITY AT THE TOP REMAINS A CHALLENGE: EXPLORING CAREER PROGRESSION AND INCLUSION AT THE UNIVERSITY

18 May | 12.30-1.30pm | Hicks Room, University Centre

Join **Professor Franklin Aigbirhio** and the University Race Equality Champions to discuss why racial diversity at the top still remains a challenge. We will also discuss if the University needs a network to advance race equality, reflecting the voices of staff of diverse racial and ethnic backgrounds, nationalities, religions, heritages and cultures.



WHERE DO YOU DRAW THE LINE?

5 June | 2-4pm | Seminar Room E, 17 Mill Lane

Delivered in a safe and supportive environment, this sexual harassment prevention training offers individuals the opportunity to learn about the different factors that might create and perpetuate a work environment in which harassment and bullying occur, and strategies for how to address this.

BREAK/NG
THE SILENCE
CAMBRIDGE SPECIALSUPPORT ADMINIST
SEXUAL MISCONDUCT

ATHENA SWAN NETWORK EVENT: FOCUS ON RECRUITMENT AND SELECTION

Focusing on sector best recruitment and selection practices, the event will provide an update on recruitment policy for academic and non-academic roles, and guidance for attracting under-represented groups. **See website for details.**



FESTIVAL OF WELLBEING 25 JUNE – 6 JULY

The University hosts its popular annual programme of health and wellbeing events for two weeks during June and July. This year the theme is **Work-Life Balance**.

This is a fantastic chance to take some time out to attend a wide range of lectures, workshops, tours and sporting activities which are being held across all University sites. There will also be the opportunity to learn about the range of University benefits and support services available.

EVENTS INCLUDE:

- Festival of Wellbeing Lecture
- Tours of College Art and Gardens
- Professor Dame Carol Black Lecture
- Mindfulness Sessions
- Stress: A Manager's Responsibility
- Relaxation Workshops
- Walking Group
- Introduction to Display Screen Equipment
- Museum Tours
- Cycling Events
- Senior Academic Promotions (SAP) Forum
- Tour of Great St Mary's Church
- CAMBens
- Yoga
- Free Sports Sessions

For more information visit wellfest.admin.cam.ac.uk



Have You Done Your E&D Online Training?

To access the modules, please visit www.equality.admin.cam.ac.uk/training



UNDERSTANDING UNCONSCIOUS BIAS

This module introduces implicit bias and the impact it can have. It will give you the opportunity to think about situations where your own unconscious bias might affect your decisions or judgements.

E&D ESSENTIALS

Improve your knowledge of E&D at the University. This short, interactive module is an essential requirement for many University roles.

The
**Equality
Pledge**

"We believe in the dignity of all people and their right to respect and equality of opportunity. We value the strength that comes with difference and the positive contribution that diversity brings to our community. Our aspiration is for Cambridge and the wider region to be safe, welcoming and inclusive."